

Survivor Stories!

For your encouragement

Keep checking back for new stories.

Women sharing their personal Life Stories of triumph over cancer!

Courage does not always roar. Sometimes it is that quiet voice at the end of the day that says
"I will try again tomorrow."

Compliments of Marvelles Apparel.

A special thank you to my customers who have allowed me to share *their* stories on my website.

Pat Dalager -My surgery was in 1981 at the Glacial Ridge Hospital. Dr. Lee said there was no lymph node involvement. Almost all cancer was out from the biopsy.

After surgery I felt betrayed, let down and scared. My uncle and aunt, who were in their 90's were both living in a nursing home after having strokes. I hated them.

The best medicine for me to a healthy recovery was being positive and busy, but not as busy as I had been. The best note of encouragement from a friend was "keep your ass down and chin up and everything will be OK."

Since my surgery I have become stronger at taking time to enjoy my life. I have found it is no longer the end, as there are new developments all the time for better care and treatment.

When I received my first prosthesis, I was in a busy department store during a sale, and I had 15 other ladies checking out the fit!! 12/97 newsletter

Ione Laycock -My surgery was in 1985 at the Swift County Benson Hospital. I had my biopsy and mastectomy the same day, which I would do again. The waiting period is very difficult.

After surgery I felt devastated. I was surprised that there was very little pain. Recovery went well. I was faithful in doing my exercises. I saw an oncologist who reported I didn't need any further treatment. This was a great relief.

The best medicine for me to a healthy recovery was having a Reach to Recovery visitor come. She was upbeat. I then knew I could be a survivor.

Since my surgery, I have become stronger at assisting others. I now am co-chairman of the Breast Cancer Support Group and a Reach to Recovery volunteer. I am also working on the Friend to Friend Program encouraging women to get mammograms.

When I received my first prosthesis I went to the drugstore to purchase it. Would I have to pick it off the shelf and take it to a cashier or what? I was glad to be taken to a private room for fitting by someone trained to do so. Now it's nice to have someone to come to your home to do it privately
Benson MN 11/98 newsletter

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